

## Meet Willie: Code Management



Midwest Regional HPSN  
Chillicothe, OH  
July 30, 2009

## Objectives

- n Explain how the scenario "Care of the Patient in Cardiac Arrest" is currently used in the critical care nursing orientation program.
- n Engage participants in the interactive scenario "Willie Makit"
- n Review the scenario "Willie Makit"

## Cardiac Day

- n Clinical experience discussion (Welcome to "Vegas")
- n Case studies
  - n AMI & Heart Failure
- n Walking Rounds (New)
- n Induced Hypothermia Post Cardiac Arrest
- n Airway management & code dynamics
  - n Assessment
  - n (DEDD) Devices, Equipment, Drugs, & Documentation
  - n Safety concepts
  - n Teamwork & Communication



## Cardiac Day

- n Cardiac Jeopardy
- n Simulations
  - n \*Willie Makit
  - n Charlie Waters

## Homework

- n Learners are assigned preparation questions to answer (See handout)
- n Questions are divided among learners
- n Must complete the Cardiac modules for Essentials of Critical Care Orientation (25 hours of content)
- n Q & A review before breaking for lunch

## Preparing for Cardiac Day!

- n Facilitator notes made, "Big Post-it" for report
- n Conversation with "OZ" for scenarios
  - n Making the scenario unique
  - n Adjunct participants-communication sent early for planning
    - n Internal Medicine Residents (Doc in charge)
    - n Pastoral Care Chaplains
    - n Role of the Wife or family member

## Game Day

- n Timing for simulation
- n Dressing for success (Willie)
- n "Man Down"- placement and final touches
- n Props-IV start tools, code cart, gloves,etc.
- n Who goes first?



## Report

- n Willie is a 68 y.o. male patient with recent back surgery
- n He has been up and about in his room and has been eating a regular diet
- n When suddenly a loud crash is heard and (Wife) a yell for help, something is wrong with "Poopsie"

## Breakout to 2 Groups

- n Moulage & Simulator group (Kris)
  - n Room set-up
- n Participant group (Kathy & Karen)
  - n Assign roles
  
- n 15 minutes prep for scenario

## Review

- n Discussion/Debrief
  - n Good, the bad, the ugly
    - n The critics speak " thumbs up" or...
  - n Take-aways
- n Feedback
- n Video performance of 2008 class in real-time
- n Question & answers

## Contact

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Critical Care Nurse Residency-June 2009

**St. Vincent Mercy Medical Center**  
**Douglass & LaSR**  
**HUMAN PATIENT SIMULATION LAB**  
**Quick Reference Sheet**

**Department:** Nursing Staff Development

**Purpose:** Critical Care Nurse Class

**Usual Lab Day & Time:** Every Thursday, 1 – 4pm

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**Patient/Case Name:** Willie Makit

**Instructor Reference Sheet:** Care of the Cardiopulmonary Arrest Patient

**Run on Patient:** Standard Man

**Run on Scenario(s):** ACLS scenarios: 1. Ventricular Fibrillation & Tachycardia  
2. Pulseless Electrical Activity

**Run on the Fly:** Tab – Cardiovascular, Heart, Cardiac Rhythm  
Override, Vfib/Vtach without pulse/PEA  
Tab – Cardiovascular, External Cardiac Stimulation, Defibrillation

**Setting:** Patient Room

**Costume:** Hospital gown

**Moulage:** Older man. Balding or salt & pepper wig. Wound on forehead from fall, blood down nose, possible teeth knocked out. Glasses (broken). Bandaged lumbar spine. Blue eye shadow dusted on nail beds and around nose/eyes/earlobes. Pupils dilated.  
PEA – Consider chunk of ‘food’ in throat as airway occluder. Activate in software.

**Props:** Over bed table (knocked over), food, plate, cups, water etc. scattered on floor and under patient. Bedside table with cards/flowers. Clutter.

**Equipment:** **outside of room -** Defibrillator/stocked crash cart (meds, fluids, advanced airway equipment), back board, c-collar  
**Inside room -** IV set up. Nasal cannula, non-rebreater, suction, towels.

**Confederates:** Patient family. Doc. Pastoral Care.

# Making Willie Makit

(or anything else for that matter!)

Equipment:	Biomed loaners or out of service, hospital storage, raid The Cage (where departments store bulky items such as beds, chairs, over bed and bedside tables, etc.)
Meds:	Pharmacy expired
Med/Surg supply:	Raid central supply/decontam. Thousands of dollars of expired or opened-by-accident items (drapes/tape/IV/suture/caths/and muchmuchmore) SVMCM usually ships to The Mission...I have my own mission.  Make friends in Emergency, Respiratory and Flight departments (they throw out expired supplies by the billions) for an endless supply of chest tubes/IV caths/airway management equipment
Gowns/bedding:	Linen dept always has extras/gently used to donate
Wigs/glasses/wounds Makeup/humanizing props:	Local costume shops (after Halloween sale jackpots), dollar stores, resale shops
Special FX:	METI or simulaids moulage kits, costume shops, online resources (make your own!)
My Faves -	<a href="http://www.gore-galore.com">www.gore-galore.com</a> liquid latex  <a href="http://www.smooth-on.com">www.smooth-on.com</a> rubber, plastic, foam for all types of applications (makes great reusable wounds, realistic skin) Located in Pennsylvania....offer classes!  <a href="http://www.compositeeffects.com">www.compositeeffects.com</a> blood, slime, makeup, adhesives, human forms, body parts, latex appliances  <a href="http://www.dappercadaver.com">www.dappercadaver.com</a> realistic anatomical props, blood Kinda pricey but realistic  <a href="http://www.frightprops.com">www.frightprops.com</a> pneumatics, prop controllers