

THE METI CUP



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What is it...



- Critical care simulator competition
- Scenarios could be anything...easy or difficult
- Compete against 16 other teams in two scenarios
- Top 2 or 3 teams advance to the finals

The Team...

- Selecting a partner
 - Recognize strengths and weaknesses
 - Need a fast “task” or “skills” person
 - Need a talker/thinker
- Both need to work well under pressure



Preparation...

- Have a plan and practice that plan
- Clinical sharpness
- Understanding the game
 - Thinking = Talking
 - It's all about points!



Game Day...

- Remember the big picture
- Crowd disappears
- Don't let something unexpected throw your game



Limitations...

- Mannequin can't tell you everything
 - Skin color & temp
- Critical care and time management competition



Why do it...

- Braggin' rights
- Cash prize
- It will make you a better clinician
- International competition
- Promote simulation



Pearls...

- Everything happens for a reason
- Think out loud and verbalize everything
- Be aggressive!!
- Discuss rationale behind treatments or pathphysiology of problem
- If you can't nail the diagnosis, at least nail the differential
- Reassess, reassess, reassess!



3 METI CUPS !!!

- Tampa 2007
- Prague 2008
- Minnesota 2008

- The most important thing...have fun!!
- Make friends
- Realize how much simulators can benefit a training program

